# **EMORY STUDENT HEALTH SERVICES (ESHS) NUTRITION SERVICES**

Emory Student Health provides nutrition services for all enrolled students. ESHS provide education and medical nutrition therapy to help students make informed choices. Their goal is to support the well-being of students utilizing evidence based nutrition information.

## **EMORY COMMUNITY FRIDGE**

The Community Fridge is in place to assist anyone on campus who needs food. The fridge is stocked 3 times a week but availability of items will vary.

- Take what you need--stocked by Emory Dining
- Fridge and small pantry on 1st floor of the <u>AMUC</u>. Follow on IG for restock updates: @emorycommunityfridge

## **EAGLE FOOD PANTRY**

Bread offers a free food pantry for students at Emory who are in need.

- 1227 Clifton Road at Bread Coffeehouse (white house on corner) Hours: Fridays 9 a.m.- 12 p.m.
- If unavailable that day, email <u>eaglefoodpantry@breadcoffeehouse.org</u> to find another time.

# THE GROCERY SPOT ATL (WEST SIDE OF TOWN)

The Grocery Spot is a community supported free grocery store and event space which offers a free shopping experience to anyone who may need it. No requirements or applications, all are welcome!

# TOCO HILLS COMMUNITY ALLIANCE (NORTH EAST SIDE OF TOWN)

Toco Hills Community Alliance provides free groceries, clothes, and lunch to those who are experiencing homelessness in the northeast communities of Atlanta.

#### ATLANTA COMMUNITY FOOD BANK

Atlanta Community Food Bank work with more than 700 nonprofit partners to distribute 8 million+meals across metro Atlanta and north Georgia each month.

# **FEEDING AMERICA**

The Feeding America nationwide network of food banks and food programs helps millions of people find food and grocery help in their communities every year.

## <u>SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)</u>

- Educate yourself on <u>expanded student eligibility</u>.
- Georgia Food Stamp Program

## TOO GOOD TO GO

Too Good To Go is the app that lets you explore stores and restaurants in your local area and save surprise bags of surplus food from going to waste at a great price.



### **EAT RIGHT ATLANTA**

Eat Right Atlanta is a Fruit & Vegetable Co-op with the mission to help people eat better for less. They host Farmers Markets at Hospitals, Churches, Schools and Neighborhoods in and outside of the Atlanta Area.

**LGS Student Support Contacts** 

**Dr. Jennifer M. Cason**Assistant Dean of Student Affairs

**Emily Neutens**Associate Director of Student Affairs

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